

YOUR WEDDING SKINCARE JOURNEY STARTS HERE

Your
BRIDAL
SKINCARE
PREP
guide

HAVE YOUR BEST SKIN CANVAS FOR YOUR BRIDAL MAKEUP

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BRIDAL SKINCARE PREP *guide*

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WELCOME TO YOUR *Wedding Skin Prep Guide.*

So first up, Congratulations on your Wedding.... It's your time to wear the title 'Bride-to-Be.'

Being a Bridal Makeup Artist for 26 years, I feel as though I understand the intense pressure placed on brides for everything, and I mean everything to be nothing short of perfect n that extremely special day.

This obligation extends beyond the traditional wedding tropes - a lot of it centres around looking your best. There's a widely adopted belief that on your Wedding Day, you are to show up as the most beautiful version of yourself. This pressure explains why so many brides panic during their search for pre-wedding skin care so their makeup sits & looks flawless on the actual big day.

All this to say, the first and perhaps most crucial step in preparing your skin is managing your expectations. It is, of course, completely valid to want to feel beautiful and confident on your wedding day, but your skin will always have texture and pores. Accepting that, first and foremost, will make creating an efficacious and realistic skin-care plan a whole lot easier.

So as opposed to binge-purchasing every product in sight, take some time to evaluate what exactly you want out of your skin care.

Keeping track of the timeline leading up to your wedding is also a crucial aspect of creating a pre-wedding skincare plan. You want the benefits of all your products and treatments, while making sure none of the possible negative side effects pop up on the big day.

“

*Beautiful skin requires
commitment, not a miracle.*

”

BRIDAL SKINCARE PREP

INTRODUCTION

So... the way you feel on your Wedding day can significantly influence various aspects of your big day, from your mood & demeanor to how you appear in front of the camera. Needless to say, you want to radiate a beautiful glow on your special day!

As mentioned, having worked with numerous brides leading up to their weddings, I've gained valuable insights on how to prepare for this momentous occasion. Throughout the following pages, I'll be sharing my tips and a well-structured timeline, enabling you to prioritize self-care both before and beyond your Wedding day.

What to expect...

- 1. *Preparing your skin:*** This section will provide a skincare timeline and checklist, guiding you on what you can do to get your skin in the best shape before your big day.
- 2. *Bridal Trial:*** Learn about the ins and outs of bridal trials, including what to do before, during and after, to make the most of your time with your makeup artist.

What to expect...

Preparing your skin is undeniably one of the most crucial and fulfilling tasks as you approach your Wedding day. While you might not have grasped the extent of effort it requires, I assure you that it's absolutely worth it. Many of these skin care practices can seamlessly become a part of your daily routine, making them amazing habits to incorporate.

This section is dedicated to sharing skin care tips with you. Get ready to achieve that radiant bridal glow!

Please note: As an Amazon Associate I earn from qualifying purchases.



PART 1:
SKINCARE
PREP

Start here: 6 - 12 MONTHS IN ADVANCE

So you want to start a proper skincare routine, but you have some questions:

- How many skincare products do you have to use?
- Which ones are right for your skin?
- In what order should you be applying these products?
- And what do the products even do?

I spoke with top dermatologists to help figure out where to start and what to keep in mind while building the best routine for your skin.

The Main Skincare Routine Steps

To get the most benefit out of a daily skincare regimen, no matter what your skin type, you should start with these simple steps:

- Cleanse
- Treat
- Moisturise
- SPF (Protect)

Injectables - Botox

6-12 months out from your Wedding is also the ideal time to decide if *'injectables'* like Botox & Filler are your thing.

If the answer is yes, the best thing to do is grand yourself as much time as possible.

In an ideal world, I would recommend trying a year out to create a plan with your cosmetic nurse - that way you can discuss what you'd like to achieve and work together to ensure that you will have the best results on the day.

Gicig yourself more time will also allow for more careful allocating of funds and open up the possibilities to more types of treatments.

6 - 12 MONTHS IN ADVANCE

Your Diet

The foods and supplements you consume have a significant impact on your skin, just as they affect your overall health. So... here's a friendly reminder to "eat your colors"! Fruits and vegetables with deep, rich colors are abundant in antioxidants that work wonders for your skin. Embrace these nourishing choices for a radiant and healthy complexion.

Hydrate

If you're not one to drink your 8 glasses a day minimum... here is your reminder to CHANGE THAT HABIT!!!! Drinking water can work wonders for your skin! Staying well-hydrated is essential for maintaining healthy and glowing skin.

Why? Water helps to flush out toxins, keeps your skin moisturized, and supports its overall elasticity and appearance. So, remember to keep yourself hydrated by drinking an adequate amount of water daily, and you'll notice the positive effects on your skin's overall health and complexion.

Pillow Case

While regular cotton pillowcases are not bad for you, using silk ones proves to be more beneficial.

Silk pillowcases exert less friction on your skin, reducing the likelihood of wrinkles and preserving your skin's smoothness. Additionally, they absorb less of your skincare products, allowing the moisture to stay on your face, promoting better hydration and nourishment. Consider making the switch to silk for enhanced skincare benefits during your beauty rest... and remember to change your pillowcase often!

6 MONTHS IN ADVANCE

Start a New Retinoid

Jumping into laser treatments to reduce acne scarring without fixing the root of the problem—the acne itself—is probably not the best use of your budget.

If there is still active acne coming to a head, it's best to start off by working with your dermatologist to create a plan to keep your blemishes at bay. A tried-and-true way to treat acne, rough or congested skin, and hyperpigmentation issues is by applying retinoids, a vitamin-A derivative that, when used topically, increases cell turnover and makes way for fresh, new cells to reach the surface of your skin.

And retinoids aren't just for oily, acne-prone skin types either—they have the ability to increase skin's production of collagen, which helps smooth out wrinkles and fine lines, making them an excellent option for drier and more mature skin types as well.

Friendly reminder:

You won't see results overnight... As your skin adjusts to the treatment and undergoes what's called its retinization period, it's normal to experience flaking & dry skin during the first month or so of retinoids.

I always suggest working with a dermatologist closely when using retinol about six months prior to your wedding day—they will work with you to adjust your dosage and application method as your skin gets used to the treatment in order to minimise negative side effects and ensure that you're getting the benefits of the retinoid on your wedding day.

POPULAR RETINOIDS

Consistent use of Retinol products can decrease the visibility of fine lines, wrinkles, acne, blackheads, enlarged pores, texture, and sun damage.

The key to using this highly potent ingredient is to introduce it slowly, use it as directed, and follow with moisturiser and SPF to help prevent redness and peeling.

If you're wondering what Retinol is best for you, I've recommended some serum formulas that apply effortlessly, penetrate deeply, and are available to buy online now.

Simply tap the images for links to find products on Amazon.

Jan Marini - Age Intervention Retinol Plus - Anti Aging - 28g

Jan Marini

\$126.72

★★★★★ 4.7 of 256 ratings

- Hydrating: Developed with a stabilized form of all-trans retinol, along with hydrating and soothing components.
- Anti Wrinkle: Reduces the appearance of wrinkles and fine lines in a visible manner.
- Anti Aging: Combined with peptides and antioxidants that fight the aging process and increase collagen production.
- Soothing: Bisabolol and green tea extract soothe and calm the skin.
- Skin Type: Suitable for all skin types.



Issada Clinical Formula 1% Retinol Serum + HA - Improve Uneven or Dull Skin Tone, Fine Lines, and Acne - High-strength Retinol Treatment Formula - 30ml

ISSADA

\$91.00

- High-strength Cell Renewing Retinol treatment formula. - Experience the power of retinol serum with this maximum strength treatment formula. Renew your skin cells with this effective high-strength retinol serum.
- Delivers powerful anti-ageing benefits to reduce fine lines and improve skin texture. - Treat yourself to a luxurious night-time regime with a retinol face cream. Its powerful blend of anti-ageing ingredients helps reduce fine lines, even out skin tone and refine texture.
- Ideal for boosting radiance, rejuvenation, and treating acne. - Experience beautiful, glowing skin with the power of 1% retinol sunscreen. Rejuvenate your complexion and tackle acne for brighter, healthier skin.
- Brighten Skin - Experience a clearer, brighter complexion with 1% Retinol + HA. Acne retinol is useful for reducing discoloration and boosting skin luminosity, making your complexion brighter and clearer.
- Radiant Glow - Experience clearer and brighter skin with this anti aging cream. Its powerful formula helps to reduce discoloration, revealing a luminous complexion for long-lasting radiance.



La Roche-Posay Redermic Retinol Anti-Ageing Moisturiser 30ml

La Roche-Posay

\$51.16

★★★★★ 4.6 of 1156 ratings

Formulated for sensitive skin Designed to smooth wrinkles, firm skin texture and attenuate premature age spots. Utilises an exclusive complex made of pure retinol. Designed with Progressive Release Retinol. Features a NEW Hepes for skin renewal Neurosensitive™ to intensively soothe.



NIVEA Q10 Power Anti-Wrinkle Night Cream (50ml)

NIVEA

\$28.00

★★★★★ 4.6 of 118 ratings

- Quality Ingredients: made with 100 percent skin identical Q10 and Creatine
- Effective Results: visibly reduces lines and wrinkles in four weeks, with tangibly firmer skin in two weeks
- Regenerating: works overnight whilst you sleep when your skin is at its most receptive
- Lasting Nourishment: soft and supple skin for up to 24 hours
- Usage: Perfect for everyday use, even on sensitive skin types to encourage deeply nourished and smooth skin
- Directions: apply a generous amount to clean skin, massaging thoroughly around the face, neck, ears, and décolleté



BRIDAL SKINCARE PREP

6 MONTHS IN ADVANCE

Find a Skin Doctor you love & trust

If regular facials are something you are planning to integrate into your pre-wedding skin-care routine (because why not for your wedding, right!?), you should start looking for a skin doctor about six months in advance.

From my experience doing brides makeup, texture is one of the main things brides-to-be want to fix before their wedding,

Six months performing multiple treatments will help resurface and smooth your skin ready for flawless makeup application.

If your primary concern is eradicating sun spots or hyperpigmentation before your wedding – whether that be on your face or body—speak with your dermatologist about the possibility of laser treatments.



BRIDAL SKINCARE PREP

3 MONTHS IN ADVANCE

Start New AHAs and BHAs

Acids such as AHAs and BHAs are generally not as effective at rebuilding collagen in the skin as retinoids are, but they are capable of providing fantastic results when it comes to hyperpigmentation, dullness, acne, or textural issues.

Not all acids are created equal—their strength can range between 1 and 20% in over-the-counter products and they can come in many different cosmetic formulas (cleansers, toners, serums, and exfoliating pads, among others).

In order to integrate an acid into your at-home skin-care routine while also ensuring that the percentage is right for your skin, it's recommended to start with low- to medium-strength products (around 1 to 10% in AHAs and .5-1% BHAs) and then increasing only if necessary. If you experience any kind of irritation, redness, or flakiness after you begin using the product, it's likely that the formula is too strong for your skin and you should stop using it.

What is the difference between AHAs and BHAs?

Alpha-hydroxy acids (AHAs) are water-soluble, meaning they exfoliate on the surface level of the skin. They're better for *normal to dry skin types* as they can enhance natural moisturising factors within the skin.

Beta-hydroxy acids (BHAs) are oil-soluble, which means they work not only on the surface of the skin but also within the pore, which makes them better suited to *normal to oily skin types* prone to acne, blemishes and congested pores.

POPULAR AHAS AND BHAS

Medik8 Clarifying Foam - Exfoliating AHA/BHA Facial Cleanser - Purifying, Decongesting & Anti-Imperfection - Hydrates & Smooths - Blemish-Prone Skin

Medik8

\$54.99

★★★★★ 4.3 of 70 ratings

- Lightweight, pH-balanced formula won't leave the skin feeling dry or tight
- Helps to combat visible imperfections while preventing future ones
- Visibly improves the skin's clarity over time
- Visibly decongests, purifies, soothes and hydrates the skin
- Ideal for blemish-prone, congested, and oily skin types



Mizon AHA & BHA Daily Clean Toner 150 ml

MIZON

\$28.55

★★★★★



Somebymi AHA BHA PHA Miracle Cream 50ml (1.7oz) ifactory

Somebymi

\$33.39

- Last Solution of AHA, BHA, PHA Miracle 4 Step Solution.
- Skin Barrier & Recovery, Soothing with Tea Tree 10,000ppm for Wrinkle & Whitening Care.
- Centella Asiatica + 4-Cica Care, Niacinamide (Whitening) & Adenosine (Wrinkle Care)
- Miracle Cleansing Bar -> Miracle Toner -> Miracle Serum -> Miracle Cream.
- Sebum Control, AC Care, Smooth & Light.



Minimalist Aha 25 + Pha 5 + Bha 2 Peeling Solution For Glowing Skin, Smooth Texture and Pore Cleansing Weekend Facial Exfoliant Or Peel 30ML 1 Fl Oz (Pack Of 1)

Minimalist

\$20.00

★★★★★ 4.1 of 5676 ratings

- **NATURAL GLOWING & SMOOTH SKIN:** This peeling solution provides multi level exfoliation resulting in skin lightening & brightening. A must have After your mid 20-s when skin's natural ability to shed dead cells decreases, resulting in dull skin, age spots, pigmentation & uneven texture. Also, removes tanning and sun damage by promoting cell turnover, resulting in even glowing skin & smooth texture.
- **EXFOLIATES & HYDRATES:** AHA (Glycolic Acid, Lactic Acid & Mandelic Acid) & PHA provides superficial peeling by removing dead cells and boosting cell turnover and BHA (Salicylic Acid) clears pore & reduces blackheads. PHAs are next generation AHAs.
- **SOOTHING & HEALING FORMULA:** Formulated with Turmeric Extract & Aloe that heal and soothes skin after peeling making it suitable for dry & sensitive skin as well. It also, reduces irritation.
- **CLEAN & TRANSPARENT BEAUTY:** This peeling solution is (i) Fragrance-free (ii) Silicones-free (iii) Sulfates-free (iv) Parabens-free (v) Essential Oils-free and (vi) Dyes-free. Also, it is non-comedogenic, oil-free, and hypoallergenic. Formulated at pH 3.4 -5.8 with key ingredient sourced from leading global suppliers.
- **FOR ALL SKIN TYPES & TONES:** This peeling solution is not only very potent exfoliant but also safer & effective than face scrubs for most skin types. 5% PHA added in this serum also helps in reducing photo sensitivity of skin after peeling, making it suitable for all skin tones.



BRIDAL SKINCARE PREP

1 MONTH IN ADVANCE

Go in for Your Final Injectables Appointment

Everyone is different with their timeline, but in general, your final Botox appointment should be done no less than one month prior to your wedding day. That way, the treatment will have settled into your skin, while still giving a little bit of time to heal in the event that swelling or bruising occurs.

Don't Start Any New Treatments or Products

During the final weeks leading up to your wedding day, you should avoid trying any new products or treatments in order to avoid an irritation or flare-up.

Lip Treatment

No one wants chapped lips on their special day. To prevent this, I highly suggest incorporating a lip conditioner enriched with Vitamin E. This will effectively combat any cracks and creases. Additionally, it's a good idea to start exfoliating your lips gently at least once a week, or at the very least, before your wedding day. This will ensure your lips stay smooth and moisturized, creating the perfect canvas for your big day.

No Makeup

Ensuring your skin remains clean and free of clogged pores is a guaranteed method to radiate a beautiful glow from within on your Wedding day. Make sure to take some time to pause and prioritize your skincare routine without any makeup.

1 WEEK IN ADVANCE

Get Your Final Facial

One week before your wedding is an ideal time to receive your final facial. The last treatment should focus on keeping the skin hydrated and healthy and avoid any kind of extractions or peels that might possibly leave the skin red or irritated.

Remove Acids and Focus on Hydration

In order to avoid any possible skin irritation on the day of your wedding, I recommend that you stop using exfoliators or retinoids about a week prior to your wedding as they can trigger flakiness, dry patches, and irritation.

Instead use hydrating and calming serums or toners to soothe the skin.

Get your Wax & Spray Tan

Get your brows professionally waxed or threaded. You can do this as close as three days before the wedding, but avoid doing it the night before as there's always potential for redness or breakouts.

Although it's tempting, wait to apply any product or book your spray tan appointment for at least 24 hours post-wax. Better yet, hold off for 48 hours after your wax.

Please, please, please only Spray your face lightly, if at all- as it can clog your pores and appear dirty. Your makeup artist will colour match you so don't worry about it matching the rest of your body for the big day.

Cold Compress Eye mask

The ideal time to text out how to minimize puffiness and swelling (especially around the eyes) by using a cold compress. I highly recommend incorporating this into your routine and applying it a few times during the week leading up to your wedding. This will help you look and feel your best on your special day. *Tip: Pop eye mask in the fridge the night before.*

THINGS TO AVOID

Don't do these things the week before:

- Using new products
- Eating new foods
- Eating a lot of salty foods
- Drinking too much alcohol
- Picking your pimples

Should a blemish appear, here's how to reduce its impact:

1. Begin with a hot compress to soothe the area, followed by a cold compress.
2. Apply a small amount of your preferred zit zapper. Some brides have found success with toothpaste (the paste type, not gel).
3. If any redness persists on the morning of your wedding, consider applying a drop of Visine on the affected area.
4. Alternatively, (if you have time depending on when it appears) you can seek assistance from an aesthetician who can use blue light to treat the blemish effectively. *Whatever you do, remember not to pick at the blemish to avoid worsening the situation.*

THE DAY BEFORE

Prepare the Perfect Makeup Canvas

1. *Deeply Boost Hydration with Products:*

To have that jaw-dropping natural glow, the day before your wedding, your skin care should focus on delivering layers of hydration and soothing ingredients to your complexion.

Your makeup artist will love you for prepping calm, moisturised and firm skin. Use products that boost deep hydration such as hyaluronic acids or ingredients that support your natural skin barrier.

My personal favourite is Tatcha's Overnight Repair Cream to repair and plump the skin.

2. *Peach Fuzz be Gone:*

For your skin to have that flawless smooth glow and makeup to sit perfectly... the secret is Dermaplaning!

Dermaplaning is the latest skin-enhancing trend that removes unwanted peach fuzz and also gently buffs away dead skin.

Dermaplaning removes pesky peach fuzz on your facial area which can sometimes trap oil, potentially causing breakouts. It also creates a sensationally soft canvas for you to apply skincare for deeper penetration and seamless makeup application, for a more radiant, glowing complexion.

Prepare the Perfect Makeup Canvas continued...

How to use Dermaplaners?

Every dermaplaner is slightly different and will offer specific instructions but generally you hold the Dermaplaner at a 45-degree angle, starting in small areas, hold the skin taut, and gently brush down the skin following the direction of your hair growth.

In the past, I've been told to avoid using it over acne, broken or irritated skin as it may aggravate the skin further- a big no no in the lead up to your Wedding Day!

After using the Dermaplaner, I recommend using a gentle and very nourishing sheet mask, following on with your gentle water-based, hydrating skincare. You can start this earlier in the lead up to your Wedding if you wish and repeat it every 4 weeks or as needed, making sure you do it the day or two before your Wedding for the best makeup canvas.

THE WEDDING DAY

Use Water-Based Skin Care in Morning

Your makeup should photograph well, last long, and require minimal touch-ups. So to help achieve this, preparing the skin with water-based skin care rather than oil- or silicone-heavy products will do wonders.

Water-based formulas provide a lightweight, non-greasy feel while still deeply hydrating the skin and locking down the pigment of your foundation.

Use a Brightening Eye Mask

These are the perfect little Wedding Day pamper for you and your bridesmaids. They are a hydrogel mask designed to hydrate, brighten, lift and reduce the appearance of puffiness under the eye. In 15 minutes, under eye darkness, swelling and fine lines will be reduced and the delicate skin will be perfectly prepped for makeup.



BRIDAL SKINCARE PREP

Apply a Makeup-Friendly Sun Protection

Applying a sun protection underneath your makeup is important to avoid any sun damage, however using the correct one that won't ruin your Wedding Photos with flashback and create an oily residue is key. The last thing you want is greasy-looking makeup that slides off your face....

A popular favourite is KEKO Skin Sun Drops Serum. It's hydrating and lightweight, protects your skin and also acts as a primer.

Perfect for underneath makeup or on it's own for that fresh, peachy glow!

- Break-out Prone Skin: Sun Drops Serum is non-comedogenic (meaning it won't clog pores and reduces inflamed skin and helps to improve skin texture associated with breakouts.
- Solar Shield: Our serum contains a chemical-mineral hybrid that can both deflect and absorb UVA & UVB rays.
- Brightens Dark Spots: Sun and dark spots don't mix well so the potent brightening agents like Vitamin C protect current dark spots.

THE REMOVAL

Take your Makeup off with a Makeup Melting Butter

After investing all that time and money on improving and clearing your skin for your big day, it would be a shame to reverse it all by sleeping in your makeup mask- especially after a professional makeup artist has used products to improve longevity of your makeup.

Why is it important to remove your makeup before bed?

Wearing makeup to bed can cause extensive damage to your skin during the night. The skin renews itself while you sleep, and when you leave makeup on, you are preventing that from happening. The skin ceases to breathe and fatigue signs appear soon enough. If makeup remains on your skin overnight, it clogs your pores and leads to the appearance of more acne and blackhead breakouts.

Makeup residue and the substances that make your make up can also cause many skin imperfections, when left on for hours.

That's why it is important to remove your makeup thoroughly before bed.

Replace Makeup Wipes with a Makeup Melting Butter

A quick way to clean off all your makeup residue, dirt, oil and sunscreen after such a big, exciting yet exhausting day, is to use a *Makeup Melting Butter from KEKO Skin*. It's formulated to gently and deeply melt away all traces of stubborn makeup to reveal smooth, clean & hydrated skin.

With all skin types in mind, it's full of skin-loving ingredients to improve overall skin health and lock in moisture for that ultimate fresh, clean glow- and the best part is... its packed with Shea Butter & Jojoba Seed Oil to help soften the skin and regenerate the skin cells, repair damage & provide similar moisturising properties to our skin's natural oils that help keep wrinkles away.

The reason I suggest this over makeup wipes is because they are full of preservatives used to stop bacteria growing in the packet. Together with synthetic fragrances and alcohol used, it can leave your skin really red, sore and sometimes stinging. Especially after professional makeup, you'll be scrubbing your face forever.



PART 2:
BRIDAL SKINCARE
CHECKLIST

CHECKLISTS

Wedding planning is an exhilarating yet time-consuming journey. However, amidst all the hustle and bustle, don't neglect your beauty preparation! Starting 12 months ahead will give you the perfect opportunity to attain radiant skin on your special day while adopting lifelong best practices.

To assist you on this journey, Here is a detailed checklist and timeline that will guide you through every aspect of skin preparation. With this comprehensive guide, you can approach your big day with confidence and a stress-free mind.

This invaluable resource has already helped countless brides achieve their dream look for their wedding, and it has the potential to be a game-changer for you as well!

6-12 MONTHS	<input type="checkbox"/> Set a Beauty Budget	<input type="checkbox"/> Book a makeup trial
	<input type="checkbox"/> Book regular facials	<input type="checkbox"/> Invest in skincare products
	<input type="checkbox"/> Start exfoliating	<input type="checkbox"/> Minimise bad foods
	<input type="checkbox"/> Drink more water	<input type="checkbox"/> Book skin rejuvenating treatments
THINGS TO TRY	<input type="checkbox"/> Teeth Whitening	<input type="checkbox"/> Botox & Fillers
	<input type="checkbox"/> Airbrush makeup	<input type="checkbox"/> Lash growth serum
THINGS TO BUY	<input type="checkbox"/> Silk Pillowcase	

CHECKLISTS

3-6 MONTHS OUT

- Find a Skin Doctor
- Start a New Retinoid
- Start AHAs and BHAs
- Try out different lip colors
- Continue facials
- Tighten up your diet
- Avoid too much UV
- Get comfortable wearing lashes

1 MONTH OUT

- Final Botox Appt.
- Lip Treatment
- Create touchup kit
- Give your skin a break from makeup
- Avoid new products
- Reduce alcohol and coffee

1 WEEK OUT

- Brow Wax
- Spray Tan (3 days out)
- Final Facial
- Remove Acids & Focus on Hydration
- Gentle exfoliation
- Use a cool compress a couple times throughout the week to de-puff

1 DAY OUT

- Dermaplan
- Hydrating face mask
- Exfoliate your lips
- Remove Acids & Focus on Hydration
- Gentle exfoliation
- Use a cool compress a couple times throughout the week to de-puff

WEDDING DAY

- Use Sunscreen
- Use water-based skincare
- Gentle lip exfoliation
- Eye brightening mask

SKINCARE

routine planner

MORNING ROUTINE :



Cleanser	
Serum	
Toner	
Essence	
Moisturizer	
Sunscreen	

SKIN CONDITION :

NIGHT ROUTINE :



Remover	
Cleanser	
Toner	
Moisturizer	
Serum	
Eye Cream	
Mask	
Facial Massage	

NOTE :

REMINDER :



PART 3:
MAKEUP TRIAL

MAKEUP TRIAL

Getting ready for your big day is an exciting journey, and the makeup trial can be one of the most rewarding experiences.

To ensure you get the maximum value from this appointment, proper preparation is essential. Here's a helpful overview and checklist of everything you should do before, during, and after your appointment with your artist. By following these steps, you'll be all set to achieve your absolute best look on your special day! Get ready to shine!

BEFORE YOUR MAKEUP TRIAL

For a makeup trial, come with clean, moisturized skin (get dermaplaning, brow wax and spray tan trial before hand if you can)

Create a Pinterest board for your wedding makeup inspiration.

If you're new to lipstick, take some time to explore various lip colours. This will allow you to get a general idea of the colors you like and don't like, helping you find the perfect lipstick shade that suits your preferences and style.

DURING YOUR MAKEUP TRIAL

Consider attending your makeup trial alone. While having your mum or best-friends around can be well-intentioned, their input might distract you from making decisions that truly reflect your vision. Going solo will allow you to relax, have fun, and freely explore different makeup looks without any external pressures.

Communication is key during your wedding preparations. Make sure to be explicit and vocal during your makeup trial. The trial exists precisely to discover what you like and don't like. If you notice anything you're not fond of or if there's something you love, don't hesitate to speak up. Your makeup artist will appreciate your honesty, and it will help ensure that you achieve the look you desire on your special day.

BRIDAL SKINCARE PREP

MAKEUP TRIAL

AFTER YOUR MAKEUP TRIAL

Stay receptive to potential changes for your wedding-day style. If you have a particular makeup look in mind, consult your makeup artist to make sure it suits your features and tones. You might discover that a winged liner could compliment your eyes or that it could make them appear smaller. They might even suggest subtle changes to achieve what you want in a way that's more tailored to you.

TRIAL NOTES:

BRIDAL SKINCARE PREP

B O O K

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your
BRIDAL
SKINCARE
PREP
guide